



## Upcoming Events

December 5th  
Tuition Payment #5  
Due

December 7th  
Abbreviated Schedule  
Day  
Report Card Distribu-  
tion

December 8th  
Feast of the Immaculate  
Conception ~ Holy Day  
of Obligation—School  
Closed

December 9th  
Half Day ~ 12:30 p.m.  
Dismissal  
Parent-Teacher Confer-  
ence

December 15th  
Christmas Tree Light-  
ing  
6:30 p.m.

December 23rd—  
January 2nd  
Christmas Recess ~ No  
School

December 25th  
Christmas Day

January 1st  
New Year's Day

# Our Lady of Hope Catholic Academy

NOVEMBER 2021

Dear Families,  
The Advent season is upon us and I am sure it is a busy and festive time for all. Here at Our Lady of Hope we have been involved in a number of activities to prepare for the arrival of Jesus' birth.

Advent is a period of preparation, extending over four Sundays before Christmas. The word Advent comes

from the Latin *advenio*, "to come to" and refers to the coming of Christ. This is our celebration of Christ's birth at



Christmas; to the coming of Christ in our lives through grace and the Sacrament of Holy Communion; and to His Second Coming at the end

of time.

Our hallways are adorned with beautiful Christmas displays such as the Advent wreath, Jesse Tree, Nativity scene, and the Christmas tree.

God Bless.

Giuseppe Campailla  
Principal

## Parish News

Please keep in your prayers the Most Rev. Robert Brennan as he is installed as the sixth Bishop of the Diocese of Brooklyn.

The first week of Advent: Our Lady of Hope Church will open its doors for 40 hours of Adoration & Benediction from November 29th to December 3rd from Noon to 8:00 p.m.

Lessons & Carols is hosted by *Children of Hope Rosary Club* on Sunday December 5th at 3:00 p.m.

Feast of the Immaculate Conception is a Holy Day of Obligation ~ Mass Times: 7:30 a.m.; 8:30 a.m.; Noon; & 7:00 p.m.

Annual Christmas Tree Lighting Wednesday, December 15th at 6:30 p.m.

## Mission Statement



Our mission is to provide a Catholic education that fosters the spiritual and academic development of each child by instilling a morally centered foundation. The responsibility for academic and spiritual growth is a shared endeavor among students, parents, faculty and administration. Our model is Jesus Christ who taught with compassion, respect and a loving heart. Therefore, our common goal is “to teach as Jesus did.”

## Academic News

Our Lady of Hope’s STEM Lab has been very active in the month of November. Grade 2 was in the lab and conducted experiments on Properties of Matter. Grade 6 went to the lab and conducted experiments based on two lessons about laws of gas: Charles’ Law (an experimental gas law that describes how gases tend to expand when heated) and Boyle’s Law (relation concerning the compression and expansion of a gas at constant temperature).

The STEM lab also received two 3-D printers which will be operational soon for the students to use.

## Home Academy Association



PARENTS AND FUNDRAISING:  
**GET INVOLVED**

The OLHCA Home Academy Association would like for families to participate in the Holiday Fundraiser from Gifts & Things.

Remember to do your Amazon shopping at

[smile.amazon.com](https://smile.amazon.com) instead of [www.amazon.com](https://www.amazon.com), or

with AmazonSmile ON in the Amazon app on your

phone. To generate donations for Our Lady of Hope Catholic Academy make sure your charity is selected to Our Lady of Hope Catholic Academy.

These are two easy ways to generate funds for our continuing fundraising campaign for this academic year.

# Student Life

The Grade 8 students had their annual Confirmation Retreat which is part of the preparation for the Sacrament of Confirmation. The Retreat was moderated by Young Life Catholic Retreat Group. The Retreat had three speakers; break out sessions and it concluded with Adoration and Benediction of the Eucharist.

## Guidance Counselor's Corner

All kids have fears and worries. The difference between appropriate behavior and alarming behavior is severity. Although feeling anxious is a natural reaction to stressful or dangerous situations, a child may need additional help if their anxiety is out of proportion, is persistent, or if it interferes with their life and healthy development. Look below for some resources and tips. If you are ever in doubt, remember to contact your pediatrician.

### 9 things to say to your anxious child



1. I'm here with you. You're safe.
2. Do you want to do some dancing or running to get rid of the worried energy?
3. Tell me about it.
4. What would you like to say to your worry? What might your worry say back? Then what?
5. Let's draw it.
6. What does it feel like in your body? Where is the worry? How big is it?
7. Match your breaths to mine.
8. Let's think up some endings for what could happen (anxious, goofy ones & realistic ones)
9. What's something we could do to help you feel better?



**Our Lady of Hope  
Catholic Academy**

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*Our Lady of Hope Catholic Academy is a Roman Catholic Academy - serving students from Nursery (age 3) to Grade 8. The student population represents the diversity of the area and reflects a wide variety of linguistic, cultural, racial, ethnic groups.*